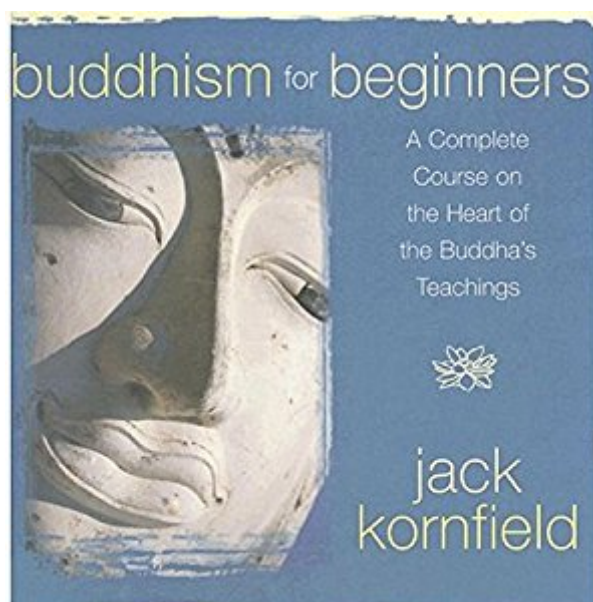


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Buddhism For Beginners [Jack Kornfield]



Synopsis

Created specifically to address the questions and needs of first-time students, here is Buddhism's vast spiritual legacy, presented by one of America's leading meditation teachers.

Book Information

Audible Audio Edition

Listening Length: 9 hours and 1 minute

Program Type: Audiobook

Version: Original recording

Publisher: Sounds True

Audible.com Release Date: June 7, 2007

Language: English

ASIN: B000RWCC8O

Best Sellers Rank: #27 in Books > Audible Audiobooks > Religion & Spirituality > Buddhism & Eastern Religions #36 in Books > Politics & Social Sciences > Philosophy > Eastern > Buddhism > Rituals & Practice #5273 in Books > Religion & Spirituality

Customer Reviews

As a beginning practitioner, with little time now to look for a personal teacher, I depend on learning from some of the great teachers, by print or audio media. I found Jack Kornfield's teachings, on this audio course, to be insightful, easy to follow, well illustrated with examples and peppered with his delightful sense of humor. I can only hope to meet him some day. I would highly recommend this audio course to anyone interested in Buddhist philosophy and would wish that some of our world leaders would buy a copy as well!

This is the best talk I've listened to. I've listened several times over several years and it gets better each time (or perhaps I get wiser). Kornfield is both wise and funny. I highly recommend that you get this at Audible for two reasons 1) It is much cheaper (\$34 on Audible if you don't have a subscription) and on Audible you can increase the playback speed. I found it very comfortable at 1.5x speed. Of course you will need a device (such as iPhone or Android) to play it on.

This is a wonderful introduction to Buddhism - immediately understandable to a Western audience and full of meaning. Jack Kornfield is a rare teacher - intelligent and funny. I was very sad to reach the end of this series, and will probably listen to it again. I can't recommend it highly enough - it's

wonderful.

Buddhism is a must for everyone to read and understand. This takes you on the road of lifepointing out what is important and what is not. Insight is not easy when we live in a world where possessions are the only thing that are supposed to make you happy

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